



# Louisville Metro Human Services & Louisville Metro Housing Authority



## FSS News

Volume II, Issue VII

June 27, 2006

### 2006 Champion of Home Ownership

(Information provided by Housing Partnership, Inc.)

"In celebration of National Homeownership Month, The Housing Partnership will hold the second annual Champions of Home Ownership luncheon on June 21, 2006. This event is to honor a company, agency or individual for outstanding efforts in creating or preserving home ownership opportunities. Once again this event is being sponsored by US Bank and Louisville Metro Dept of Housing and Community Development.

The 2006 Champion of Home Ownership **honoree is Louisville Metro Housing Authority (LMHA)**. LMHA was the first housing authority in the nation to utilize the Section 8 voucher system for home ownership. "Using Section 8 funds for homeownership rather than rental payments just makes good sense and allows families to acquire a valuable asset", noted Tim Barry, LMHA Executive Director."

Statistics from the Section 8 Homeownership program (as of June 1, 2006):

81 homeowners (5 from the pilot program)

Average Income: \$16,167

Average Purchase Price: \$87,383 (\$56,500 - \$142,500)

Average Loan Amount: \$78,548 (\$45,400 - \$118,352)

Average Homeowner Payment: \$446 (\$92 - \$852)

Average Housing assistance payment: \$332

Average Interest Rate: 6.21%

If you are interested in learning more about becoming a homeowner through Section 8, contact Nicole Lyons at 569-3776.



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#### CALL TO RESERVE YOUR SEAT

FSS Recognition

Luncheon

July 23rd

3:00 pm to 5:00 pm

at

Masterson's Restaurant

(invitation only)

## Summer Heat Relief Program

**June 12th through August 4th**

Call any Community Action Partnership location for an appointment after medical form is completed.

All appointments are 9 -11, Monday through Friday

### **MUST BRING THE FOLLOWING**

- Picture ID
- Proof of Social Security number for everyone in the household
- Proof of income for the previous month
- Proof of address
- Completed original Medical Form with doctor's signature. Call 574-1157 or pick up form at any Community Action Partnership location.

**\*\*Must meet federal poverty guideline to qualify\*\***



## Back to School Health and Safety Festival

**Thursday, July 27th**

**9:00 a.m. to 2:00 p.m.**

**Bridges of Hope Neighborhood Place**

**13th and Algonquin Parkway**

**Co-Sponsored with: Area FRYSCs and LMHA**

**Immunizations**

**School Supplies**

**Exhibitors**

**Refreshments**

## DARE TO READ

Children's Summer Reading Program

**May 20 — July 29**

- Children from birth to age 14
- Pick up a folder at any library
- Read at least 10 books, list the titles in the folder, and return the completed folder to the library by July 29.



**\*\*Readers are eligible for weekly drawings and for grand prize drawings at each branch.**

## SUMMER FOOD SERVICE PROGRAM



**Open**

**June 5-August 11**

For additional information  
call 574-1157

Feeding children 18 and  
under in our community

## Participants' Achievements

### Nursing Grad!!

Congratulations to **Larrita McClain**. Mother of three. Larrita has worked fulltime continuously during her time in the FSS program. Larrita graduated recently from Spencerian with an LPN degree and she has already passed her Kentucky Boards and moved on to fulltime employment in the field of Nursing. Home ownership is next on Larrita's list of things to accomplish. My best wishes to you and your family. May the wind always be at your back.

(Geri Livers)



### Hurray for FSS Graduates!

Bonnie Varney      Sandy Schardein  
Shanika Thomas      Kim Johnson



**Amanda Brooks** recently received her Associates degree in Computer Technology Applications from National College of Business and Technology.

(Shantel Ndiaye)



Congratulations to **Shanika Thomas** who graduated from the program in June. She works full-time and also attends school working on an Accounting degree.

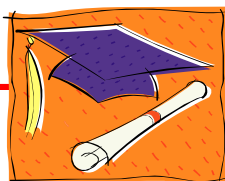
Yeah, Shanika!

(Kim Johnson)

### You did it! You did it!

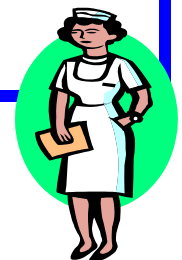
**Chastity Summers** sure did...get her GED!!! She has worked very hard, and never gave up. She needed 10 points to get her GED, AND she got those points from the subject she scored lowest in...Math!! Congratulations, Ms. Summers. She has been working part-time at JCPS and part-time at UPS. When school begins this Fall, Ms. Summers is looking to start in a full-time position. She is the proud parent of two children, and she is a great role-model for them. She had faith in herself and believed in her ability to achieve. Keep on keeping that faith! You have everything to look forward to!

(Vicky Bomar)



After 4 years of studies, Ms. **Debra Kennedy** graduated from Jefferson Community Technical College with an Associate Degree from the Nursing Program. What a great accomplishment. Having won a scholarship through Jewish Hospital for her studies at JCTC, she will start her Nursing career at Jewish Hospital, working full-time in the Emergency Room where she completed her internship. Her next goals are to get her BSN (Bachelor of Science in Nursing) at U of L and purchase a home. As a mother of three children, she is equally proud of her daughters and their many accomplishments. This is a family that stays busy from Walk-a-thons to Camp Counselor to Music Camp. Truly Ms. Kennedy is setting a great example for her children. Congratulations to you and your family!

(Vicky Bomar)



### Hurrah for.....

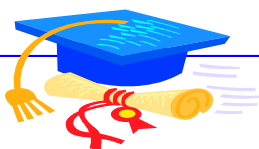
Sharita Malone's daughter ShaConda, who graduated May 25th from Jeffersontown High School

(Sandy Schardein)

## Participants' Achievements

**Ms. Donna Woodson** adds her name along with other May graduates! She has completed her classes and required internship at Phlebotomy Concepts and has earned her Certification as a Phlebotomist. Her next goal is Certification as a Lab Technician. Ms. Woodson has many talents as she also is part of two African Dance groups: 'Odele' and 'Nubian Images'. They stay busy throughout the summer with local performances for Summerscene. Congratulations and best wishes to you and many successes with your new Certification.

(Vicky Bomar)



"I just went in with a positive spirit" says Ms. **Pauline Weaver** as she went to take her GED test. Her daughters were supportive and she knew this was something she just had to do. And she certainly did. She took the one test she needed and increased her score by 50 points!

She says she is now on the road and just in time. Not only is she the proud mother of two wonderful daughters but she just became an adoptive parent of two premature infants. One of them was just released from the hospital to come home and they are eagerly awaiting his brother's release. Ms. Weaver says she feels truly blessed and she has great plans for her family! Ms. Weaver is an inspiration to us all and we share in congratulations for a job well done!

(Vicky Bomar)



## Financial Skills Class Schedule

| Course # | Course                       | Tuesday<br>6-8 @ Wiggins) | Wednesday<br>(12-2 @ PCC) | Saturday<br>(10-12 @ Wiggins) |
|----------|------------------------------|---------------------------|---------------------------|-------------------------------|
| ELOP #1  | Financial Goal Setting       | 7/18/06                   | 7/19/06                   | 7/22/06                       |
| ELOP #2  | Budgeting and Record Keeping | 8/22/06                   | 8/23/06                   | 8/26/06                       |
| ELOP #3  | Introduction to Banking      | 9/19/06                   | 9/20/06                   | 9/23/06                       |

*Wiggins Family Investment Center is located at 1411 Algonquin Parkway. Childcare IS available at this location. Presbyterian Community Center (PCC) is located at 710 South Hancock. Childcare IS NOT available at this site.*

**\*\*NO workshop credit will be given, if you are 15 minutes late or more\*\***



## Free Training And Free Computers



**\*\*Must be a public housing resident of Louisville Metro Housing Authority\*\***

Louisville Metro Housing Authority's Neighborhood Network Program will offer classes at:

Mabel Wiggins Family Investment Center; and St. Peter Claver/Sheppard Resident Council Office

If you live in public housing and are willing to commit to attending a three-week course, please contact Elizabeth Fick at 569-6905.

**\*\*SECTION 8 RESIDENTS ARE NOT ELIGIBLE\*\***

# Manage Your Health

## RECOGNIZING A STROKE

**(SMILE) S**—————Ask the individual to smile

**(TALK) T**—————Ask the person to speak a simple sentence

**(RAISE) R**—————Ask the person to raise both arms

### Sign of a stroke:

Ask the person to 'stick' out their tongue. If the tongue is 'crooked', if it goes to one side or the other that is also an indication of a stroke.

## Health & Wellness Schedule

*Call 574-6663 to register for classes*

### Diabetes Self-Management Series

Jeffersontown Library—10635 Watterson Trail

Mondays, 1:00 pm—3:30 pm

**July 10**—Diabetes Types, High and Low Blood Sugar, Sick Days

**July 17**—Diet and Exercise

**July 24**—Diabetes Pills, Insulin, Preventing complications (Part 1)

**July 31**—Preventing complications (Part 2), Foot & Skin Care, Glucose monitoring & standards of care

### Diabetes Support Group

2nd Thursday of each month: 9:30 am—11:00 am

Park DuValle Community Health Center—3015 Wilson Avenue

**July 13**—All about Tomatoes

### Weight Control Series

Watson Memorial Baptist Church—7217 Nachand Lane

Mondays, 6:00 pm - 8:30 pm

**July 10, 17, 24, 31**

## QMB CARD

Qualified Medicare Beneficiary card

- Pays for monthly premium for Medicare Part A & B. (\$88.50)
- Pays the remainder of the bill that the patient is responsible for paying.

To qualify you **MUST** currently receive SSDI. Call 595-4238 if you have any questions.



## Exercise Classes

Health Department

400 East Gray St—Forum

**Low-Impact Aerobics**—25 cents per class

Tuesday & Thursday 5:00 pm—6:00 pm

(Bring your own mat)

**Tai Chi** —no fee

Monday & Wednesday 5:30 pm —7:00 pm

**High-Impact Aerobics**—no fee

Wednesday & Thursday 6:30 pm—7:30 pm

Louisville Central Community Center

1300 West Muhammad Ali Blvd

## Partners in Promoting

Louisville Metro Human Services  
Operation Self-Help/Family Self-Sufficiency  
810 Barret Avenue 3rd Floor  
Louisville, KY 40204  
Fax: (502) 574-6171

Louisville Metro Housing Authority  
Special Programs / FSS  
801 Vine Street 3rd Floor  
Louisville, KY 40204  
Fax: (502) 587-1994



## Fireworks Safety Tips

- Always read and follow label directions
- Have an adult present
- Buy from reliable sellers
- Use outdoors only
- Always have water handy
- Never experiment or make your own fireworks
- Light only one firework at a time
- Never re-light a “dud” firework
- Never give fireworks to small children
- If necessary, store fireworks in a cool, dry place
- Dispose of fireworks properly by soaking them in water and then disposing of them in the trashcan
- Never throw or point fireworks at other people
- Never carry fireworks in your pocket
- Never shoot fireworks in metal or glass containers
- The shooter should always wear eye protection and never have a part of the body over the firework
- Stay away from illegal explosives

FSS News is published monthly for and about participants in the Family Self-Sufficiency Program.

If you wish to contribute information about yourself, your children or community resources, contact your case manager or Legina Stoner at 574-1965. The deadline for the next issue is Monday, July 17, 2006.

### To Apply For the FSS Program

If you live in public housing or scattered site, call Dan Farrell at 569-6902.

If you have Section 8 rental assistance, call Amber Giacalone at 569-6933.

### How Can Your Case Manager Help You?

By Michele Johnson

Have you forgotten what case managers are here for? Make sure you are taking advantage of all their help:

- Do you need help preparing a budget or advice on cutting expenses?
- Do you need someone to help sort out and work through your financial and personal goals?
- Do you need advice on how to clean up your credit or raise your credit score?
- Are you planning on buying a house and need advice about where to start?
- Do you just need someone to talk to?
- Do you need a motivator? Someone to be there for you?
- Do you need help paying a bill or paying for medications and food?
- Do you need supportive or health resources?

Call your case manager to get the help that you need!!